

EXPLORERS

Chef Activity Badge



After a long day of activities, is there anything better than a home-cooked meal?

To earn your badge, choose one option:

1. Option one - Cooking for others

You will need to think about any dietary needs for cultural, religious or medical reasons.

- Plan a full, balanced menu for a group of Explorers or other people, covering all meals for at least four days. You should consider what facilities will be available to you – will you have access to a full kitchen or are you cooking on an open fire?
- Budget for your menu and assist with shopping for the ingredients.
- Demonstrate proper food storage. You should demonstrate your knowledge of hygiene in the kitchen and how to prevent food poisoning.
- Cook and serve your planned menu, demonstrating preparation and serving skills.

- [Download the menu planning sheet](#)
- [Download the storing foods sheet](#)



2. Option two - Baking

You will need to think about any dietary needs for cultural, religious or medical reasons. Bake and cost the following from scratch, no packet mixes or pre-made shop bought ingredients allowed:

- Three different large cakes (20cm or bigger) with different icings and decoration
- A sweet or savoury tart, such as a quiche
- 12 iced and filled cupcakes
- 12 biscuits iced using the flooding method
- 12 scones
- A loaf of bread using yeast
- 12 flatbreads



Other Resources to deliver this badge:

- [BOX-JAM Recipe Ideas and Shiny Kitchen Videos](#)
- [Watch the Shiny Kitchen video on kitchen safety and hygiene](#)