



My Personal Challenge

To earn this award, you need to complete two personal challenges that you agree with your Leader. You should choose one of the challenges and your leader will choose the other.

This challenge gets the young people to focus on something they need to improve on. One that they believe they need to focus on, the other that a leader would like them to work on. However, the young person should agree on both challenges. Challenges should be individual, part of 'growing up' and require some kind of personal commitment.

Here are some example of challenges to help you think about what young people could do.

- Look after a new Beaver for half a term
- Talk about a topic you are interested in with an adult you don't know very well
- Bring your scarf to Beavers every week for a term
- Remember to brush your teeth twice a day for two weeks
- Show good behaviour at Beavers for 3 weeks in a row
- Try all of the food on Beaver sleepover
- Remember to feed your pet every morning for a week
- Help with household chores every day for a week
- Make sure your lodge is in a smart line for 3 weeks in a row
- Show how you have kept your Beaver Promise at home



Resources

Here are some resources that might support you and the young person with their challenge.

Here is some information from the Scout Magazine:

Getting personal

The Personal Challenge Award encourages young people to reach their full potential. For leaders who find supporting this particular badge a little tricky, here are some volunteer tips from across the Movement

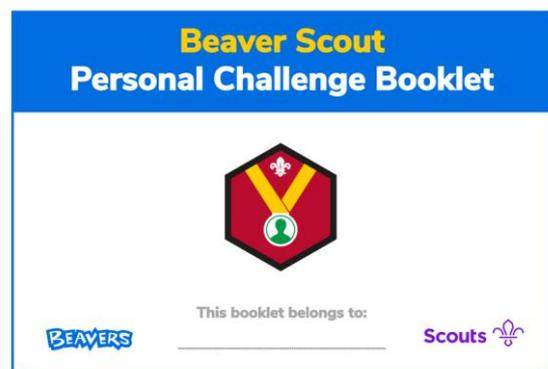
<https://members.scouts.org.uk/documents/Getting%20personal.pdf>

A template to help design their challenge, maybe a sheet to send home to work on with family members.

MY PERSONAL CHALLENGE BADGE	
NAME	
Write and/or draw your PLAN:	How to earn your award To earn this award, you need to complete two personal challenges that you agree with your Leader. You should choose one of the challenges and your leader will choose the other.
CHALLENGE 1	Here are some example challenges to help you think about what you could do. You don't have to pick a challenge from this list, you should choose to do something which is personal to you. <ul style="list-style-type: none"> • Look after a new Beaver for half a term • Talk about a topic you are interested in with an adult you don't know very well • Bring your scarf to Beavers every week for a term • Remember to brush your teeth twice a day for two weeks • Show good behaviour at Beavers for 3 weeks in a row • Try something new that you are a bit nervous about • Go to a District fun day and talk to some other Beavers you don't know • Try all of the food on Beaver sleepover • Remember to feed your pet every morning for a week • Help with household chores every day for a week • Make sure your lodge is in a smart line for 3 weeks in a row • Show how you have kept your Beaver Promise at home
CHALLENGE 2	
REVIEW your challenge. Write or draw your thoughts:	

<http://www.bigweekend.co.uk/wp-content/uploads/2021/02/Personal-Challenge-Badge-Sheet.doc>

A pack the young person could fill out to keep track of their challenge.



<http://www.bigweekend.co.uk/wp-content/uploads/2021/02/personal-chal-8-wks-beavers.pdf>