



My Skill Challenge

Show a new Beaver how to play a game you know and like

It's a great idea if you pair a new beaver with one of the older beavers on their first meeting. Then ask the beaver what game they would like to play and get this Beaver to explain the game to the new Beaver.

Take part in three activities on how to keep your body fit and healthy:

looking after your teeth, foods that are good and bad to eat, exercise. You could also do something else which you agree with your leader.

There are a series of things that you can do for this:

Teeth— You can check out the activities [here](#). There are loads of great worksheets for the Beavers to work through.

Food—Firstly, you could get them to draw their favourite meal. Then get them to talk about why it's their favourite. Then turn it into a game. Shout out different foods, the Beavers need to run to either side of the room (Good or Bad), depending on whether the food you've shouted is healthy or not.

Exercise— You can run a few different exercises for the Beavers. See how many times they can do jumping jacks in a minute, do a small shuttle run for them or maybe even.

Do two creative activities. You could act or mime, play a musical instrument, make a model from salt dough, make up a dance, paint a picture, make a card

You could make an act or mime – You could get them to work in groups with an adult or young leader and make a small act about why they love coming to Beavers. Alternatively, you could get them to act out a [campfire sketch](#).

Make a model from Salt Dough – make any model they want, you provide the dough and let their imaginations run wild.

Paint a picture – easy one but here are some ideas. A fireworks picture on bonfire night, an Easter egg at Easter or just let them be creative.

Learn a new song and sing it

You can teach beavers new campfire songs, have a look for examples here: [Campfire songs](#)

Learn and use at least three of these skills:

learn your own address and phone number, tie your shoelaces, decorate some cakes or biscuits, set an alarm clock to get up at the right time in the morning, fold or roll your scarf, make your bed, keep your bedroom tidy, light a candle

Split the beavers into 4 groups and have 4 bases with each having an activity (light a candle, fold or roll your scarf, decorate some cakes or biscuits, tie shoelaces). Then get them to rotate around the room so that they get to do all 4. Alternatively, you could get the child's parent/carer to evidence the activities done at home.

Invent a machine and show other Beavers how it works.

Get the young people to bring in some junk, such as cereal boxes, plastic bottles, etc. Get them to do a junk modelling session with the theme of a new machine. Get them to build it then explain what it is. Alternatively, you could get them to draw a picture of a new machine and then explain it.

With a team, complete at least two problem-solving missions set by your leader.

Jigsaw puzzle – You could either get a couple of giant puzzles, a couple of small ones or print off a picture and cut it up. I would suggest no more than a 25-piece kit. Get each group to solve the jigsaw puzzle together.

Birthday line up – You can get them to speak to each and create a birthday line up. Starting with January, get them to make a long line with their birthdays in order.

Go somewhere new. Then find out five facts about something new.

Time to go on an adventure. You could link this to a camp or take them on a visit somewhere like the zoo or the Sea Life centre. You could go for a walk and give each Beaver a sheet or booklet and get them to fill these out as you walk around.