



## My Outdoor Challenge

Go on a sleepover or a camp with other Beavers, and do at least two of these:

- help put up a tent
- collect wood and help to build a fire
- cook something on a fire
- sing songs around a fire
- wash up after dinner
- set up your bed and sleeping bag
- play a wide game

Why don't you take part in the Damboree? Damboree is about getting young people camping, and the leaders permitted to take young people camping.

Visit their website—<https://www.damboree.camp/>

Alternatively, you can do a sleepover in your hut, even though this is an indoor camp you could get the Beavers to put up tents. This way they can still set up their bed and sleeping bags and wash up after dinner.

There are many ways you can achieve this section. As a leader, if you don't have your Nights Away Permit then contact your District Nights Away Advisor.

### Learn how to tie three simple knots.

The main issue with this one is getting the Beavers to concentrate and focus. Why not try this with Strawberry laces, icing and biscuits. Get the Beavers to make the knots and glue them onto the biscuit with icing. Some of the knots that we would suggest are a Reef Knot, a figure 8 Knot & a Shoelace knot.

### Show that you:

- know what to do if someone has an accident
- know why it is important to tell an adult when an accident happens
- can do simple first aid for someone who has a cut or bruise

Just a few ideas:

- You and your leaders and young leaders could act out a scenario and show the Beavers the process of dealing with an accident. They could then make a poster of what they have seen.
- Ask the Beavers why they think it's important to tell an

adult. You might be surprised by the responses you get.

- Get the Beavers to show you how to deal with a cut or bruise. If you need first aid supplies then speak to a local business, they might have some old stock they want rid of.

Why not do the Emergency Aid Stage 1 badge. [St John's ambulance](#) and the [Red Cross](#) have some great resources.

Take part in an activity using natural things like leaves, bark, twigs, sand or rocks.



Point out and name five different types of animal, insect, bird or fish that you might find near where you live. Find out about the food they eat and the places they might live.

Ideas:

- Get the Beavers to take part in the RSPB Spring Birdwatch
- You could create sheets and get the beavers to complete them
- Give them bits to do at home, a garden observation—look what animals you see in your back garden
- Why not take the Beavers to the Zoo or a boat trip on the broads

Make something to help animals in the wild. It could be a bird box or a bug hotel.

A pot pod—Collect lots of dried out, hollow stems and pack them into an old terracotta plant pot (a plastic one might get blown around too much). You'll need to cut or break the stems to the right length and pack them tightly so they don't fall out, but not so tightly that they get squashed.

Dead Wood Den—Collect pieces of damp rotting wood, twigs and bark and make a bundle by tying it together with string. Put it on the ground in a cool place.